Extraordinary health promoting vegetable products from ecologically pure Altai and Western Siberia

Website and online store

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Exclusive distributor in the EU
The paramount goal of the Biolit company is production of valuable and effective product as a result of growing plants only in environment free of industrial pollution of Western Siberia and Altai, on soils rich in macro- and microelements. The technological processes are carried out without using alcohol or any other volatile solvents, so that our products maintain the value of the plants from which they were produced and have a wider pharmacological usage. Biolit uses 15 different manufacturing technologies, 11 of which are protected by patents. Also 24 therapeutic recipes are under patent protection. The concept of using adaptogenic substances for recovering was created by the Russians and has overtaken a holistic medicine by 20-30 years, differing from it by getting deeper to homeostasis regulation mechanisms and more scientific, the systemic approach. Professor Walentyna Burkowa who established the Biolit Institute, for its mission adopted both the creation of preparations using raw materials from ecological areas and the unique technologies as well as the development of comprehensive treatment procedures based on these preparations.

Preclinical and clinical trials of the products are carried out according to the requirements applicable to medicinal preparations, which is a notable exception in the branch of cosmetics/supplements.

Strategic partner of the Biolit Sp. z o.o. [Ltd.] is the Siberian State Medical University in Tomsk. The active substances contained in our products regulate the functions of the cardiovascular, bone-joint, urogenital, gastrointestinal systems and a carbohydrate metabolism. They support the body’s immunity and regulate hormonal balance, and are safe for everyone.

Unquestionable advantage of the Biolit company is a wide assortment of unique in Europe phytotherapeutic products, recommended by Siberian doctors in sequential application, depending on the needs of the body which relieve side effects of pharmacological therapies.

All Biolit’s products are registered in the Main Sanitary Inspectorate Registry.

We encourage you to use the offer of our products.
**TOKSIDONT - MAJ**

**Immuno-modulator.**
**Diabetic Expo Award 2016.**

**Ingredients:** water extract of burdock root. The active substances contained in the root: lignans, aspartic acid, arctin, arctigenin show anti-cancerous effect. The Siberian State Medical University in Tomsk conducted studies on effectiveness of the active substances, including asparagine from the May burdock root.

**Effect of active substances:**
- Help to remove toxic metabolites from the body.
- Stimulate excretion of gastric juices, bile in the liver and pancreatic enzymes.
- Affect the liver regeneration and stability of glycogen.
- Affect the maintenance of normal hormonal balance.
- Support the treatment of inflammatory states of the skin, normalize synthesis of collagen and elastin.
- Affect the acceleration of wound healing, dislocations.
- Polyacetylene have antibiotic, anti-inflammatory and antipyretic properties.
- Active substances facilitate the absorption of calcium into the bones.

**Indications:**
- Supportive in the treatment of digestive system diseases (stomach and duodenum ulcers, food poisoning, dysbacteriosis, dysbiosis).
- Supportive in the treatment of oncological and autoimmune diseases.
- Supportive in chemo-and radiotherapy.
- Supportive in diabetes.
- Supportive in atherosclerosis.
- Increased in prevention and comprehensive treatment of mammary dysplasia, endometriosis, uterine fibroids, prostatic hypertrophy.
- Supportive in carbohydrate, mineral and hydro-salt metabolism disturbances.
- Supportive in the gout treatment and dysfunction of the urinary system.
- Supportive in the treatment of addiction to opioids.
- Supportive in the skin, hair, nails diseases.
- Supportive in the osteoarticular system dysfunctions.
- Supportive in increasing the effectiveness of medicine therapy - reduce the side effects of body poisoning.
- Supportive in autoimmune diseases.
- Supportive in Lyme disease.
- Supportive as anti-allergic.
- Supportive in anti-Helicobacter pylori therapy.

Recommended after aesthetic medicine treatments for mitigating the oxidisation stress and maintain better quality of the treatments.

**Recommended dosage:** dissolve one scoop (1.61 ml) of the product in 100 ml of lukewarm water. Take three times a day before meals.

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**BURDOCK SEEDS**

**Regulation of hormonal balance.**
**Diabetic Expo Award 2016.**

**Ingredients:** bigger burdock seeds.
Lignans and glycosides contained in the seeds: arctyin and arctigenin have strong antioxidant, anti-mutagenic and also hormone-regulating properties. Additionally, contain phenolic acids, fatty acids, including unsaturated glycerides: linoleic and oleic, and polysaccharides as well as vitamins A and B2. The Siberian State Medical University in Tomsk conducted studies on the effectiveness of active substances of the burdock seeds.

**Effect of active substances:**
- Help to remove toxins from the body.
- Affect the improvement of digestive processes.
- Affect the correct level of hormonal balance.
- Lignans have anticancer effect.

**Indications:**
- Supportive for metabolic disorders and obesity.
- Supportive in hormonal disorders.
- Supportive in skin diseases.
- Supportive in gastrointestinal catarrh and colitis, constipation.
- Supportive in inflammation of the urinary tract.
- Supportive in poisoning with toxic substances.
- Supportive in gout, atherosclerosis, diabetes.
- Supportive for increasing the effectiveness of medicine therapy - reduces the side effects of poisoning of the body.
- Works diuretically.

**Recommended dosage:** one or two capsules three times a day with a meal, taken with some water.
**PANTOBIOL - 1**

Immuno-modulator based on lipids of Siberian deer antlers.  
Regeneration of the body. Diabetic Expo Award 2017.

**Ingredients:** powdered antlers of noble deer, water extracts of: Siberian ginseng, tormentil, rose-root, Maral root, bilberry, Echinacea, cranberry, aralia, cranesbill.

Phospholipids from Siberian deer antlers are important in regulation and flow of impulses and restoration processes of neurons. Triglycerides are a source of energy. Sterols stimulate reproductive functions and prevent the progression of prostate adenoma. Glycolipids influence the stimulation of physical and mental activity.

**Effect of active substances of Siberian deer antlers:**
- Active substances from the Siberian deer antlers strengthen the work of the immune system.
- Increase immunity to diseases caused by infections.
- Siberian ginseng maintains the mental and physical capacity in the case of weakness, exhaustion, fatigue, activates reserves of the body.
- Maral root strengthens the cardiovascular system.
- Tormentil maintains the comfort of the intestinal system.
- Roseroot increases mental and cognitive activity, stimulating the nervous system.
- Cranberry removes toxins, affects the correct state of the urinary tract.

**Indications:**
- Supportive for slowing down the aging process and activating the immune system functions.
- Supportive for improving the physical and mental efficiency at senior aged people.
- Supportive for increasing efficiency in sport.
- Supportive after severe disease states, asthenia, paralysis.
- Supportive in strong intellectual, physical and emotional stress (students during exams, athletes).
- Supportive in the chronic fatigue syndrome.
- Supportive at osteoporosis, joint pain.
- Supportive for memory restoration, attention disturbances caused by cerebrovascular diseases.
- Supportive in atherosclerosis, ischemic heart disease.
- Supportive for improving sexual potency, prolonging the active sexual life and reproductive functions of the body.
- Supportive for tissue regeneration, wound healing after surgery, bone fractures.
- Supportive in chronic diseases of gastrointestinal tract, with decrease in secretory functions, dysbiosis.

**Recommended dosage:** dissolve one scoop (5 ml) of the product in 100 ml of lukewarm water. Take two times a day in the morning and the afternoon.

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**PANTOBIOL - 2+**

Organic adaptogen. Healthy joints and bones.  
Diabetic Expo Award 2017.

**Ingredients:** powdered antlers of Siberian deer. Powdered antlers contain natural chondroitin sulphate, glucosamine sulphate, proteins, peptides, amino acids, macro- and microelements: calcium and phosphorus, magnesium, potassium, iron, copper, zinc.

The Siberian State Medical University and the Hormone Health Centre „PRPFMED“ in Tomsk conducted clinical trials on the effectiveness and safety of Pantobiol 1 and Pantobiol 2 +, the products based on powdered antlers of the Siberian deer in comprehensive therapy of civilization diseases.

**Effect of active substances of Siberian deer antlers:**
- Affect the reconstruction of musculoskeletal system.
- Affect the increased production of collagen.
- Prevent the cartilage destruction processes.
- Improve the joints mobility.
- Regulate the blood coagulation process.
- Stimulate the DHEA level by preventing the consequences of the hormonal balance dysfunctions.
- Help to reduce the symptoms of autoimmune diseases.
- Support concentration and restore vitality.

**Indications:**
- Supportive in fractures, injuries of the skeletal system.
- Supportive in the treatment of osteoporosis.
- Supportive in degenerative diseases of the joints, autoimmune disorders, gout.
- Supportive in reduced immunity of the body, for bedridden patients, immobilized.
- Supportive in depressive states, in the conditions of physical and mental stress.
- Supportive for the normal liver function.
- Supportive for the normal skin, hair and nails condition.
- Supportive in the anti-aging prevention.

**Recommended dosage:** one or two capsules three times a day, after meals, with water.
**PANTOBIOL - 3**

**Oil extract of powdered noble deer antlers.**

**Nervous system regeneration.**

**Ingredients:** oil extract of powdered noble deer antlers, dissolved in vegetable oil.

**Effect of active substances of the Siberian deer antlers:**

Phospholipids in human body are present in all cell membranes and play an important role in ensuring their liquidity (plasticity) by adjusting the ratio of phospholipid to cholesterol. Infraction of this balance leads to increase in the stiffness of the cell membrane and to deregulation of cellular metabolism.

**Phospholipids have the following features:**

- Increase the solubility of cholesterol.
- Accelerate the transmission of impulses between the brain and the nerves fibres.
- Normalize the structure of the liver cells, prevent the formation of fibrous tissue, prevent the development of cirrhosis.
- Increase the rate of adoption of all the nutrients in the body.
- Protect a cell against endotoxins.
- Improve conduction of nerve impulses by the synapses.
- Prevent the development of atherosclerosis.
- Decrease the production of all the nutrients in the body.
- Protect a cell against endotoxins.
- Improve mental alertness and physical fitness.

**Ceramide saccharides** are substances of extracellular face of the membrane. They are a part of the myelin sheath of nerve fibre. They participate in the interactions between the cells. They take part in the transmission of electrical signals and molecular recognition. Fill the role as the receptors binding antigens or toxins in the body.

**Indications:**

- Supportive in increased fatigue, weakness, apathy, asthenia.
- Supportive in multiple sclerosis and other degenerative disorders of the autonomic nervous system.
- Supportive in panic attacks with clear signs of vegetative-somatic symptoms.
- Supportive in atherosclerosis.
- Supportive in liver diseases - all types, including viral, toxic changes, hepatitis, etc.
- Supportive in diabetes, metabolic disorders: protein, water, salt and carbohydrates.
- Supportive in headaches: migraines, overburden (due to tension or stress), hypertension, sinuses (caused by infections), post-traumatic, etc.
- Supportive at prostate adenoma and prostatitis.

**Recommended dosage:** internally (orally) in the morning before or during a meal from 20 drops 3 times a day dissolved in a small amount of water or drink with water. In difficult cases, at low or normal blood pressure 20-80 drops once.

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**ESOBELEART**

**Dietary supplement.**

**Healthy joints and connective tissue.**

**Ingredients:** Contains artrotin – cephalopod cartilage extract (source of Glucosamine, Chondroitin sulphate, hyaluronic acid), extract of the burdock roots and of boswellia, manganese and molybdenum from the concentrated brine of the Szira Lake in Siberia, boswellia resin.

Clinically tested in the Littoral Regional Centre of Osteoporosis Prevention among women at 50-55 years old, that are registered in the initial stages of osteoarthritis with osteoporosis. The first positive effects appeared already after 2 weeks of usage.

**Effect of active substances:**

- Artrotin from the cephalopod cartilage reduces pain threshold, takes part in construction of cartilage tissue, increases production of slime slippery surfaces of the articular fluids, gives immuno-stimulation effect. Chondroitin, Glucosamine and hyaluronic acid included in artrotin, are easy assimilable forms which participate in reconstruction of common cartilaginous tissues.
- The active substances are involved in the creation of the ligaments, tendons, nails and skin. Normalize the accumulation of calcium in the bones.
- Boswellia resin helps maintain healthy and functional joints.
- Burdock helps to maintain healthy skin and bones.
- Manganese helps to maintain healthy bones and helps in the correct formation of connective tissues. Contribute to the normal energy metabolism and help protecting cells from oxidative stress.
- Molybdenum affects the maintenance of regular metabolism of sulfuric amino acids.

**Indications:**

- For active athletes, at high load of joints and for all with osteoarticular system problems.
- Supportive anti-inflammatory, anodyne.
- Reducing oedema.
- Preventing damages of the joint-cartilaginous tissue and also supports its reconstruction.
- Slows down the development of degenerative processes of the joints of spine and of paravertebral soft tissues.
- Supportive in preventing the deposition of salts of uric acid in the joints.

**Recommended dosage:** two capsules three times a day with a meal, with water.
**UROBIOL**

**Healthy urinary track.**

**Ingredients:** water extracts of knotweed, bark of aspen, yarrow, plantain, St. John’s wort, birch, blueberry, calendula, wild rose, common dandelion. Components of the product are a valuable source of flavonoids - naringenins, naringins, salicylic links, tannins, anthocyanins, phenolic acids, mineral salts, amino acids.

**Effect of active substances:**
- Knotweed reduces the level of uric acid and other harmful metabolites in the blood, affect the sexual vitality.
- Calendula and blueberry protect urinary tract against increase of microbes.
- The bark of aspen and inula reduce toxic effects of active pathogens, including parasites, on the body.
- Yarrow and birch maintain a correct condition of the blood vessels and cholesterol levels in the blood.
- Plantain and common dandelion support digestion, liver work and a correct intestinal microflora.
- St. John’s Wort and wild rose support the nervous system, correct bile production and depuration of the body.

**Indications:**
- Supportive in urinary system diseases.
- Supportive in high cholesterol.
- Supportive in cardiovascular system disorders.
- Supportive in intestinal tract disorders.
- Supportive in exhaustion, stress.

**Recommended dosage:** one scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation, take three times a day with meal.

**POLIKAWIN**

**Healthy urogenital system.**

**Vitality and sexual potency at any age.**

**Ingredients:** water extract of knotweed. Knotweed contain flavonoids, silica, tannins, phenolic acids, sugars, mucilage, mineral salts. The Siberian State Medical University in Tomsk conducted tests on the efficiency of active substances.

**Effect of active substances:**
- Affect the proper functioning of the urinary and digestive tracts.
- Contents of zinc increases sexual performance, libido, improve erection.
- Improve the condition of sperm, increase sperm cells mobility.
- Affect the normalization of testosterone production.
- Prevent the proliferation of bacteria in the urinary system and formation of urinary calculi.
- Affect the inhibition of ageing process of the body.

**Indications:**
- Supportive in sexual problems.
- Supportive in chronic inflammation of prostate gland.
- Supportive in a medicine therapy for prostate cancer.
- Supportive in rebuilding and strengthen the Kegel muscles among women, in case of weakened muscles of genitourinary system, urinary incontinence.
- Supportive in the complex treatment of male infertility.
- Supportive in the liver and stomach disorders.
- Supportive in the senior age in the women and men associated with a decrease in libido and slow decline of genital functions.

The remedy is completely safe for the cardiovascular system and blood pressure.

**Recommended dosage:** one scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take once a day during a meal.
TONIZYD

Immuno-modulator.
For vitality, increasing immunity and successful sexual relations.

Ingredients: water extract of blackcurrant leaves, birch leaves, parsley herb, aralia root, Siberian Ginseng root, mountain roseroot, eleutherococcus senticosus.

Effect of active substances:
» Siberian Ginseng helps to maintain natural defence capabilities of the body and proper working of the immune system.
» Mountain roseroot helps to correct blood circulation, which is related to the performance of mental work and associative processes.
» Eleutherococcus maintains mental and physical capacity in the case of weakness, exhaustion, fatigue and recovery.
» Blackcurrant leaf is a source of vitamin C, it also contains mineral salts, polyphenols and anthocyanidins.
» Birch supports maintaining the correct level of cholesterol in the blood.

Indications:
» Supportive in circulation disorders, reduced pressure.
» Supportive in stress, variable moods, memory and concentration disorders.
» Supportive in weakened libido.
» Supportive in recovery, in complications after oncologic radiotherapy.
» Supportive in hormonal balance disorders.
» Supportive for normalizing cholesterol levels.
» Supportive for normalizing homoplastic processes (anaemia).
» Supportive in rheumatism.
» Supportive in diabetes.
» Supportive for improving vitality and mental capacity of the body.

Recommended dosage: one scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take once or two times a day during a meal (till midday).

KLIMATON PLUS

For wellbeing and the menopause.

Ingredients: water extract of lady’s mantle, St. John’s wort, yarrow, motherwort, Siberian Ginseng, small cranberry.
The product components are the source of flavonoids, additionally contain a.o.: carbon and phenolic acids, phytosteroids, lipids, quercetin, pectin, saponines, glycosides, essential oils, macro-and microelements. Natural phytosteroids affect the correct hormonal balance. The effectiveness of the active substances of Klimaton Plus is confirmed by the Institute of Cardiology Clinic in Tomsk in studies on the treatment of patients with menopause.

Effect of active substances:
» Lady’s mantle regulates hormonal balance.
» Siberian Ginseng keeps regular heart rhythm and mental productivity.
» St. John’s wort improves the skin condition, eliminates anxiety states on the neurotic background.
» Motherwort maintains normal state of cardiovascular system, the nervous system, relieves menstrual pain.
» Yarrow supports the proper condition of the blood vessels and functioning of the digestive system.
» Cranberry affects the correct state of the urinary tract.

Indications:
» Supportive at menopause, hot flush.
» Supportive in the treatment of vasculocardiac disorders.
» Supportive in physical and mental exhaustion, feeling of anxiety, sleep disorders, neurosis.
» Supportive in endometriosis and excessive menstruation at menopause.
» Supportive in metabolic disorders.
» Supportive in disorders of the genitourinary system.
» Supportive in the allergies treatment.
» Supportive for the correct functioning of the Kegel muscles.

Recommended dosage: one scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day after meals.
**URTICA LEAF**

Healthy urinary system. Healthy food at any age. 
Recommended in diets targeted to weight loss, for normalization of lipid metabolism.

**Ingredients:** Water extract of Urtica leaves. Urtica contains vegetable dyes, vitamin K, B group vitamins, flavonoids, tannins and silicic acid.

**Effect of active substances:**
- Enhance vitality.
- Affect blood cleansing.
- Affect the maintenance of the proper level of haemoglobin and red blood cells.
- Relief in inflammation of the urinary tract.
- Affect chologagic, facilitate the digestion and assimilation of food.
- Affect diuretically, eliminate toxic substances.
- Stimulate the production of one's own insulin.
- Stimulate the production of antibodies during infection.
- Improve immunity of the body.
- Affect the relief of anxiety states.
- Improve the condition of the skin, hair and nails.

**Indications:**
- Supportive for maintenance the correct water balance in the body, in oedemas.
- Supportive in urinary system diseases.
- Supportive in anaemia.
- Supportive after antibiotic treatment.
- Supportive in chronic bleeding (intestines, haemorrhoids, nose, kidney).
- Supportive in chronic fatigue, weakened body.
- Supportive in hormonal disorders.
- Supportive in diabetes.
- Supportive in chronic inflammatory respiratory track diseases (bronchitis, laryngitis, pneumonia).
- Supportive in musculoskeletal diseases (myositis, inflammatory arthritis, osteochondral necrosis, sprains, bone fractures).
- Persons with a certain hypersensitivity to the Urtica should not take the product (in increased blood coagulation, thrombophlebitis, varicose veins).
- Should not be taken continuously for more than 2-4 weeks quarterly.

**Recommended dosage:** one scoop (1, 61 ml) of the product dissolve in 100 ml of lukewarm water and drink immediately after preparation. Take three times a day before a meal.

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**ACHILLAN**

Effective prevention in gastric problems and peptic ulcer disease.

**Ingredients:** Water extract of common yarrow. Yarrow herb contains highly active natural complex of biologically active substances, of which the most important are: essential oils, polyphenolic compounds, polysaccharides, minerals, vitamin K, C, carotenoids. Tests on the efficiency of active substances were conducted in the Siberian State Medical University in Tomsk.

**Effect of active substances:**
- Affect the secretion of digestive juices and bile.
- Support prevention of the formation of stones in the kidneys, gallbladder.
- Affect the correct level of cholesterol in the blood.
- Affect the menstrual pain relief.
- Affect the correct state of regeneration of the damage mucous membranes.
- Stimulate the defensive reactions of the body.
- Prevent the development of fungi.
- Influence reduction of fever.

**Indications:**
- Supportive in inflammation of gastrointestinal tract, ulceration of stomach and intestines, feelings of burning, heartburn.
- Supportive in the liver and biliary tract diseases.
- Supportive in the bleeding from the intestines, nose, womb, gums.
- Supportive in the haemorrhoids.
- Supportive in chronic obstruction, stomach pain, nausea, flatulence.
- Supportive in anti-parasitic therapy.
- Support as anti-allergic.
- Supportive in anti-Helicobacter pylori treatment.

**Recommended dosage:** one scoop (1, 61 ml) of the product dissolve in 100 ml of lukewarm water and drink immediately after preparation. Take three times a day after meals.
WITAMIKS

Natural vitamins complex. Remedy for Haematopoiesis stimulation.

**Ingredients:** water extract of sea buckthorn, cranberry, chokeberry, beetroot, lemon, tormentil, lactobacilli. The product components contain flavonoids, carotenoids, phospholipids, polysaccharides activating the body’s protective reaction, anthocyanins which inhibit growth of tumours, betaine which in combination with the pectin substances strongly protect and stimulate haematopoietic processes, tannins, folic acids, organic acids, choline, unsaturated fatty acids, micro-and macro elements.

Tests on the efficiency of active substances were conducted in the Siberian State Medical University in Tomsk.

**Effect of active substances:**
- Sea buckthorn activates the body’s protective processes.
- Chokeberry supports hematopoietic processes.
- Tormentil and lactobacilli support a correct protective and excretive function of the skin and mucosae, especially in the area of the intestine, normalize metabolism.
- Chokeberry maintains the acid-alkaline balance of the body.
- Beetroot absorbs radionuclides and heavy metals, influence the correct level of cholesterol in the blood, improves tissue nutrition, supports haematopoietic processes, rebuilds the red blood cells.

**Indications:**
- Supportive in digestion disorders.
- Supportive in atherosclerosis.
- Supportive in anaemia.
- Supportive in chololithiasis, kidney stones.
- Supportive in intestinal problems, bleeding of the colon and rectum.
- Supportive in inflammation of the stomach and intestines, diarrhoea.
- Supportive in pains of muscles and joints.
- Supportive in the body disorders of after chemo-and radiotherapy.
- Supportive dysbacteriosis.

**Recommended dosage:** one scoop the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day with meal.

WIENORM

Protection and reinforcement of the veins.

**Ingredients:** water extracts of chokeberry, buckwheat herb, birch leaves, tormentil, Lady’s mantle, raspberry leaves, Laminaria thallus. Components of the product include: natural compounds of iodine found in sea algae, polysaccharides, flavonoids, carotenoids, phospholipids, tannins, folic acids, organic acids, carotenoids, anthocyanins, vitamins B, C, P, PP, choline, rutin, unsaturated fatty acids, microelements and antioxidants.

Tests on the efficiency of active substances were conducted in the Siberian State Medical University in Tomsk.

**Effect of active substances:**
- Buckwheat herb stimulates circulation, tones blood vessels.
- Lady’s mantle and raspberry leaf positively affect circulation in the lower limbs and strengthen vegetative nervous system.
- Birch leaf cleanses the body of toxins.
- Laminaria thallus strengthens the immune system.
- Tormentil regulates the digestive system.
- Chokeberry antioxidants fight free radicals, protect against cancer, affect the condition of the blood vessels and their permeability.

**Indications:**
- Supportive in venous thrombosis, fragile and fractured blood vessels, tendency to bruises.
- Supportive in the haemorrhoids, using together with the Hemorekt Lubricant and Wienorm Cream.
- Supportive in hypertension.
- Supportive in hypothyroidism.
- Supportive in deficit of iodine.
- Supportive in the vegetative neurosis.
- Supportive in the gastrointestinal and cardiovascular systems dysfunction.
- Supportive in the inflammatory disorders of the reproductive system.
- Supportive in the microcirculation disorders (retinopathy and others).
- Supportive in the physical and mental weakness.
- Supportive in reconstruction of capillaries.

**Recommended dosage:** one scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day with meal.
**FLAWIGRAN FOR EYES**

Complex of natural vitamins and antioxidants
Supporting eyesight and cerebral circulation.

**Ingredients:**
- Water extract of eyebright herb
- Sea buckthorn
- Blueberry
- Hawthorn
- Carrot
- Buckwheat
- Wild rose

Substances contained in the product:
- Carotenoids
- Tocopherols
- Phospholipids
- Polysaccharides
- Phytoncides
- Flavonoids
- Vitamin C
- B group vitamins
- Folic acid
- Organic acids
- Tannins

These substances work as antioxidants, stimulate the correct oxygenation and cells metabolism.

Tests on the efficiency of active substances were conducted in the Siberian State Medical University in Tomsk.

**Effect of active substances:**
- Blueberry improves eyesight.
- Eyebright herb regulates pressure in the eyeball.
- Sea buckthorn helps proper hydration of the eye mucosa.
- Oxygenates the brain and heart.
- Supports the nervous system.
- Blueberry improves microvascular circulation.
- Wild rose supports the immune system, vascular circulation and nervous system.

**Indications:**
- Supportive in dry eye syndrome.
- Supportive in worsening eyesight.
- Supportive in hypersensitivity to the Sun’s rays and external sensitizers.
- Supporting in cataract, glaucoma, myopia, farsightedness, hypoxia of the retina of the eye.
- Supporting in the headaches associated with hypoxia.
- Supporting for long-standing computer work.
- Supporting for professional drivers, pilots.
- Helps to increase immunity.
- To support the circulation and microcirculation.

**Recommended dosage:** One scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day after meals.

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**REISHI KAN**

Immuno-modulator.
Regeneration. Strong antioxidant.

**Ingredients:**
- Reishi fungus
- Burdock root fibre
- Sea buckthorn, cranberries, steviol glycosides

Reishi is a so-called immortality fungus of a huge cargo of healthful active ingredients. The raw material used comes from the crops growing wild on the trunks of Siberian larch trees, thus the strength of the powerful antioxidant properties.

Research on the properties of the active compounds of the Reishi Kan were conducted by the Institute of Cytology and Genetics of the Siberian Branch of the Russian Academy of Sciences.

**Effect of active substances:**
- Reishi fungus recovers the protective functions of the body, it fights cancer cells, affects the normal function of the liver, contributes to the relaxation of smooth muscles of the bowels.
- Burdock root strengthens the hormonal, respiratory systems, rebuilds intestinal microflora.
- Sea buckthorn affects calmingly on the nervous system.
- Cranberry improves and strengthens functioning of the heart, the urinary tract.
- Cranberry lowers the blood cholesterol level and blood pressure.

**Indications:**
- Supportive in the recovery after surgery.
- Supportive in atherosclerosis, coronary heart disease.
- Supportive in hypertension.
- Supportive in thrombotic inflammation of the veins.
- Supportive in the hormonal nodular goitre and inflammation of the mammary gland.
- Supportive in the liver diseases (steatosis, cirrhosis, hepatitis).
- Supportive in the stomach, intestines diseases (dysbacteriosis).
- Supportive in the respiratory system diseases.
- Supportive in inflammation of the joints and kidneys.
- Supportive in injuries of the musculoskeletal system.
- Supportive in cancers.
- For menopausal women and children during the period of bones active growth as assimilable source of calcium.
- Supportive to enhance fertility.
- Helps with insomnia.
- Supportive in the physical and mental stress.

**Recommended dosage:** One scoop of the granules dissolve in 100 ml of warm water and drink 2-3 minutes after preparation. Take three times a day between meals.
**HEPATOBIOL**

Immuno-modulator. Hepato-protector.
Support for correct function of the liver.

**Ingredients:** ground seeds of milk thistle, extract from the young shoots of oats.
Contains silimar, flavonoids, histamine, tyramine, organic acids, vitamins C and K, phytosterols, tannins, oil with lots of linoleic acid (50%), mineral salts.

Clinical trials on the effectiveness of Hepatobiol were conducted in the gastroenterological department of the Regional Clinical Hospital in Tomsk and in The Plant of Therapy FPC and PPP SibSMU on patients with chronic hepatitis of various degrees of activity.

**Effect of active substances:**
- Substances of milk thistle protect the liver from toxins.
- Support the proper operation of pancreas.
- Influence reduction of the level of cholesterol.
- Affect anti-inflammatory, anti-atherosclerotic.
- Help in nullifying of pain.
- Have immuno-modulatory properties.
- Slow the process of premature aging.
- Improve regenerative capacity of the skin.
- Linoleic acid removes unwanted fat cells.
- Antioxidants protect against cancers.
- Oat supports the nervous system and memory, reduces irritability.

**Indications:**
- Supportive in the liver diseases, cirrhosis, hepatic steatosis, the inflammation states caused by pharmaceuticals, alcohol abuse.
- Supportive in the disorders of the liver functions in the infectious diseases (tuberculosis, syphilis, pseudo-tuberculosis, infectious mononucleosis and others).
- Supportive in the disorders of the liver functions in autoimmune - systemic diseases of connective tissue (lupus erythematosus, systemic vasculitis).
- Supportive in the chronic inflammation of gallbladder.
- Supportive in disturbed metabolism by the accumulation of toxic substances in the body, general fatigue, insomnia, lack of appetite.
- Supportive in skin diseases.
- Supportive in the genitourinary system diseases.
- Supportive in the tendency to the gall stones formation.
- Supportive in atherosclerosis, cardiovascular diseases (ischemic heart disease, hypertension).
- Supportive in endocrine disorders, diabetes, obesity.
- Supportive in chronic inflammation of the colon, stomach and pancreas.
- Supportive in parasitic diseases (roundworms, trematodes).
- Supportive in food poisoning.
- Recommended after aesthetic medicine treatments for softening the effects of oxidation stress and maintain a better quality of the treatments.

**Recommended dosage:** two capsules three times a day during a meal, with water.

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**POPULIN BASE**

Immuno-modulator. Anti-round parasites and pathogens.
For healthy respiratory system.

**Ingredients:** Water extract of the bark of aspen.
Phenolic glycosides are the active substances of the bark of aspen which pass into the layer of mycolic acids, arabinomannans and arabinogalactans in a membrane, interfere the metabolic processes and stop the development of micro-bacterium of tuberculosis and active pathogens.
Research on effectiveness of the Populin Base in the treatment of tuberculosis were documented in The Central Scientific-Research Institute of the Russian Medical Academy in Moscow.

**Effect of active substances:**
- Affect anti-inflammatory, anti-viral, anti-bacterial - streptococci (pneumococcus).
- Support comprehensive treatment of the upper respiratory tract.
- Regulate the flow of bile.
- Protect the kidney and liver.
- Fighting parasitic diseases (roundworms, trematodes) including opisthorchiasis.

**Indications:**
- Supportive in the treatment of drug-resistant tuberculosis.
- Supportive for maintaining the correct functions of the respiratory system by destructive external influences (atmospheric pollutants, smog).
- Indicated especially for smokers and persons in the areas covered by smog.
- Supportive in asthma.
- Supportive in the frequent, remittent inflammation of the upper respiratory tract, angina, colds, inflammation of the sinuses, lungs, bronchitis.
- Supportive and preventive against opisthorchiasis, the roundworms, (including trematodes).
- Supportive for maintaining healthy kidney and liver.
- Supportive in the treatment of Lyme disease (Lyme borreliosis) - according to a doctor's indications.
- Supportive in the food poisoning, skin diseases (dermatosis).
- Completely inhibits the growth of fungi and mould as well as the development of pathogenic flora.
- Recommended in dysbiosis, dysbacteriosis. Regulates the flow of bile.
- Recommended in the process of sanation and at the start of each phytotherapy.

**Recommended dosage:** one scoop (5 ml) of the product dissolve in 100 ml of warm water, drink immediately after preparation. Take three times a day, 40 minutes after a meal. Use the product for at least two weeks (or longer, according to a doctor’s indications).
**WITKAMIKS - GLUKOMIN**

For diabetics and persons with metabolic disorders.  
Complex of natural vitamins for everyone.  
Remedy for haematopoiesis stimulation.  
Diabetic Expo Award 2016.

**Ingredients:** burdock root fibre, water extract of: sea buckthorn, cranberry, chokeberry, beetroot, lemon, tormentil, lactobacilli.

The product components contain flavonoids, carotenoids, phospholipids, polysaccharides activated the body's protective reaction, anthocyanins which inhibit growth of tumours, betaine which in combination with the pectin substances strongly protect and stimulate haematopoietic processes, tannins, folic acids, organic acids, choline, unsaturated fatty acids, micro-and macro elements.  
Burdock root fibre provides food for intestinal bacteria, induces mechanisms that affect maintenance of the immune system.  
Tests on the efficiency of active substances were conducted in the Siberian State Medical University in Tomsk.

**Effect of active substances:**

- Burdock regulates glucose level in the blood.
- Sea buckthorn activates the body's protective processes.
- Cranberry supports hematopoietic processes, maintains acid-alkaline balance of the body.
- Tormentil and lactobacilli support the correct protective and excretive functions of the skin and mucosa, especially in the area of the intestine, normalize metabolism.
- Beetroot absorbs radionuclides and heavy metals, affect the correct level of cholesterol in the blood, improves tissue nutrition.

**Indications:**

- Supportive in diabetes.
- Supportive in the intestinal problems, bleeding of the colon and rectum.
- Supportive in the inflammation of the stomach and intestines, diarrhoea.
- Supportive in metabolic disorders.
- Supportive in atherosclerosis.
- Supportive in anaemia.
- Supportive in cholelithiasis, kidney stones.
- Supportive in the pains of muscles and joints.
- Supportive in the body's disorders after chemo-and radiotherapy.
- Supportive in dysbacteriosis.

**Recommended dosage:** one scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day with meal.

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**WIENORM - GLUKOMIN**

For diabetics and persons with metabolic disorders.  
Protection and reinforcement of the veins.  
Diabetic Expo Award 2016.

**Ingredients:** burdock root fibre, water extract of: chokeberry, buckwheat herb, birch leaves, tormentil, Lady's mantle, raspberry leaves, Reishi fungus.

Components of the product include: natural compounds of iodine found in sea algae, polysacharides, flavonoids, carotenoids, phospholipids, tannins, folic acids, organic acids, carotenoids, anthocyanins, vitamins B, C, P, PP, choline, rutin, unsaturated fatty acids, microelements and antioxidants.

Burdock root fibre provides food for intestinal bacteria, induces mechanisms that affect maintenance of the immune system.  
Tests on the efficiency of the active substances were conducted in the Siberian State Medical University in Tomsk.

**Effect of active substances:**

- Burdock regulates glucose level in the blood and supports digestive processes.
- Buckwheat herb stimulates circulation, tones blood vessels.
- Lady's mantle and raspberry leaf positively affect circulation in the lower limbs and strengthen vegetative nervous system.
- Birch leaf cleanses the body of toxins.
- Reishi fungus strengthens the immune system.
- Tormentil regulates the digestive system.
- Chokeberry antioxidants fight free radicals, protects against cancers, affects the condition of the blood vessels and their permeability.

**Indications:**

- Supportive in diabetes.
- Supportive in metabolic disorders.
- Supportive in the vascular disorders.
- Supportive in the vegetative neurosis.
- Supportive in the venous thrombosis.
- Supportive in microcirculation disorders.
- Supportive in hypertension.
- Supportive in hypothyroidism.
- Supportive in deficit of iodine.
- Supportive in the gastrointestinal and cardiovascular systems dysfunction.
- Supportive in the physical and mental weakness.

**Recommended dosage:** one scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day with meal.
ACHILLAN - GLUKOMIN

For diabetics and persons with metabolic disorders.
Effective prevention of gastric problems and peptic ulcer disease.
Diabetic Expo Award 2016.

**Ingredients:** burdock root fibre, water extract of common yarrow, stevia root.
Burdock root fibre provides food for intestinal bacteria, induces mechanisms that affect the maintenance of the immune system.
Tests on efficiency of the active substances were conducted in the Siberian State Medical University in Tomsk.

**Effect of active substances:**
- Affect the digestive processes.
- Affect the secretion of digestive juices and bile.
- Support prevention of the formation of stones in the kidneys, gallbladder.
- Affect the correct level of cholesterol in the blood.
- Affect the menstrual pain relief.
- Affect the correct state of regeneration of the damage mucous membranes.
- Stimulate the defensive reactions of the body.
- Protect cell membranes and blood vessels.
- Prevent the development of fungi.
- Affect the correct blood glucose balance.

**Indications:**
- Supportive in diabetes.
- Supportive in inflammation of gastrointestinal tract, ulcers, ulceration of stomach and intestines, feelings of burning, heartburn.
- Supportive in the liver and biliary tract diseases.
- Supportive in bleeding from the intestines, nose, gums.
- Supportive in the haemorrhoids.
- Supportive in chronic obstruction, stomach pain, nausea, flatulence.
- Supportive in gastritis and inflammations of the gastrointestinal tract.
- Supportive in weight control.
- Supportive in anti-parasitic therapy.
- Supportive as anti-allergic.

**Recommended dosage:** one scoop of the granulate dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day after meals.

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FLAWIGRAN - GLUKOMIN

For diabetics and persons with metabolic disorders.
Complex of natural vitamins and antioxidants supporting eyesight and cerebral circulation.
Natural adaptogen for everyone.
Diabetic Expo Award 2016.

**Ingredients:** extract and fibre of burdock root, water extract of eyebright herb, sea buckthorn, blueberry, wild rose, carrot, buckwheat.
Substances contained in the product: carotenoids, tocochromers, phospholipids, polysaccharides, phytoncides, flavonoids, vitamin C, B group vitamins, folic acid, organic acids and tannins work as antioxidant, stimulate the correct oxygenation and cells metabolism.
Burdock root fibre provides food for intestinal bacteria, induce mechanisms that affect the maintenance of the immune system.
Tests on the efficiency of active substances were carried out in the Siberian State Medical University in Tomsk.

**Effect of active substances:**
- Eyebright herb regulates pressure in eyeball.
- Sea buckthorn helps proper hydration of the eye mucosa, oxygenates the brain and the heart, supports nervous system.
- Blueberry improves microvascular circulation, enhances visual acuity, improves eyesight.
- Wild rose supports the immune system, vascular circulation, and nervous system.
- Burdock root regulates blood glucose balance.

**Indications:**
- Supportive in diabetes.
- Supportive in the dry eye syndrome.
- Supportive in worsening eyesight.
- Supportive in hypersensitivity to the Sun’s rays and external sensitizers.
- Helping in cataract, glaucoma, myopia, farsightedness, hypoxia of the eye retina.
- Supportive in the headaches associated with hypoxia.
- Supportive and preventive for improvement of the heart, brain and nervous system functions.
- Supportive for long-standing computer work.
- Supportive for professional drivers, pilots.
- Supportive to increase immunity.
- Supportive for the circulation and microcirculation.

**Recommended dosage:** one scoop of the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day during meal.
**NORMO - GLUKOMIN**

For correct blood sugar level.

**Ingredients:** extracts of: the goat’s-rue, wild rose, burdock larger, dandelion, Urtica. Burdock root fibre provides food for intestinal bacteria, induce mechanisms that affect the maintenance of the immune system.

**Effect of active substances:**
- Wild rose supports digestion, contributes to the correct operation of the intestinal system.
- Burdock helps to maintain normal glucose level.
- Dandelion contributes to the correct operation of the intestinal system and to maintain physiological balanced stomach reaction.
- Urtica promotes vitality.

**Indications:**
- Supportive in diabetes.
- Effect on reducing the level of insulin in the blood.
- Improves insulin secretion by the pancreas.
- Supports the anticancer effects.
- Supports digestion, and proper operation of the intestinal system.
- Prevents overweight.
- Reduces the cholesterol.
- Prevents the formation of gallstones.
- Affect the normalization of hormonal balance.
- Supports vitality.

**Recommended dosage:** one scoop the granules dissolve in 100 ml of warm water and drink immediately after preparation. Take three times a day during a meal.

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**UROLIZIN**

For correct operation of the kidney.

**Ingredients:** water extracts – birch leaves, knotweed herb, Chinese honeysuckle root, field horsetail herb, tormentil, black chokeberry fruit and red rowan berry fruit, bigger burdock root, bilberry leaves.

**Effect of active substances:**
- Birch leaf cleanses the body of toxins.
- Knotweed herb reduces the level of uric acid and other harmful metabolites in the blood.
- Affect sexual vitality.
- Chinese honeysuckle root has sedative, anti-inflammatory properties.
- Horsetail removes carcinogenic metabolites, works diuretically.
- Tormentil regulates the digestive system.
- Antioxidants from black chokeberry fight free radicals, protect against cancer, affect the state of the blood vessels and their permeability.
- Rowan berry has spasmolytic, diuretic and cholagogic properties.
- Bilberry leaves increase diuresis and works astringently, against diarrhoea and inflammation, also improve microvascular circulation.

**Indications:**
- Used for the prevention and for enhancing the effect of the medicine therapy.
- Supportive in the treatment of urolithiasis.
- Supportive in the treatment of chronic nephritis.
- Supportive in gallstone disease.
- Supportive in the chronic inflammation of gallbladder.
- Supportive in the distortion of water-electrolyte metabolism, lipids, and carbohydrates.
- Supportive in preparation before a surgery and prevention of recurrence after removal of the stones (surgical, shock wave).
- Supportive in comprehensive therapy of hypertension, oedematous syndrome.

**The most effective preventively or at the stage of stones formation.**
The use is forbidden when the existing stones are larger than 0.5 cm!

**Recommended dosage:** one scoop of the granules dissolved in 100 ml of water. Take three times a day immediately after preparation.
BIOTA COMPLEX


A fermented (sour) - milk dry product was created according to the ancient recipes of the Tibetan Buddhist monks and nomadic peoples living on the territories of Central Asia. Analysis of kefir grain from the Tibet, koumiss from the Central Asia conducted by paleo-microbiologists from Kazakhstan, ended successful research of the Biolit Scientific-Production Institute.

Micronized burdock root is an innovative solution of the Biolit’s scientists. Provides food for intestinal bacteria, induce mechanisms that affect maintenance of the immune system.

BIOTA N1

Ingredients: contains the probiotic acidophilic bacillus strains of lactic acid bacteria, intestinal bacteria (Lactobacillus and Bifidobacterium) and fractionated milk protein hydrolysate. The bio-active ingredients showing the immunogenic impact are the molecular oligopeptides with an average molecular weight of ab. 2400 Daltons, lactoferrin, lactoglobulins, glycomacropeptides, as well as buffer, propionic, oleic, acetic, calcium and sodium salts and bacteriocins (antimicrobial metabolites of lactic acid bacteria). The product also contains enzymes, amino acids, vitamins, macro- and microelements.

Effects of BIOTA N1:
» Active substances adjust the balance of intestinal microflora and normalizes its composition in dysbiosis and dysbacteriosis.
» Support digestion, absorption and metabolism of iron, calcium, fats, protein, carbohydrates, triglycerides, amino acids, dipeptides, sugars, bile salts, supports synthesis of vitamins.
» Inhibit the growth and development of pathogenic and conditionally pathogenic microflora and putrefaction in the intestines.
» Cleans the intestinal walls from lying leftovers, what contributes to active removing of toxins from the body, easy delivery of biologically active substances and nutrients.
» Support work of the liver and pancreas, cleanses the liver and restores its functional efficiency.
» By consuming alcoholic beverages, reduce the degree and speed of alcohol intoxication.
» Enhance the protective functions of the body by stimulation of the immune response.
» Improve conditions of patients after intensive radiotherapy and poly-chemotherapy.
» Restore the normal acidity in the digestive tract.
» Improve the quality of life in diabetes and metabolic syndrome.
» Sustain the correct level of glutathione.

BIOTA N2

Ingredients: ground micronized burdock root of increased bioavailability and efficacy of the active components. Beneficial effect of BIOTA N2 supports inulin contained in the burdock root and soluble fibre, which is necessary for the development of useful intestinal flora.

Micronized burdock root is an innovative solution of the „Biolit” researchers.

Effect of BIOTA N2:
» Active substances give a diuretic, choleretic, diaphoretic, carminative and light laxative effect.
» Improve the intestinal mobility and normalizes digestion.
» Affect the antitoxic functions of liver and increases glycogen content.
» Show anti-ulcerous effect, works antifebrile, anti-inflammatory and bactericidal, promotes normalization of metabolism, reduce concentration of uric acid in the blood of patients with gout.
» Asparagine, which is a component of the burdock roots, has the ability to bind and remove toxins from the body (including carcinogenic toxins), helps to inhibit the development of cancer diseases.
» Helps to increase the production of steroid binding protein in the liver, that removes the aggressive metabolites of sex hormones from the body.

Recommendations for the use of the BIOTA COMPLEX:
» Intestinal dysbacteriosis.
» In the inflammations and other diseases of the digestive system: salmonellosis, bloating, pancreatitis, gastritis, enterocolitis, gastritis and intestinal catarrh, ulcers, intestines' and stomach disorders - diarrhoea, constipation.
» Various types of poisoning.
» By allergic reactions (urticaria, eczema).
» In metabolic disorders, diabetes, obesity.
» In a reduced immunity.
» In rehabilitation of patients with hematooonco pathology and other oncological pathology after radiotherapy and poly-chemotherapy.
» Weakness of the body. Decrease in: energy, exercise capacity and ability to work.

Recommended dosage: one capsule of Biota N1 together with the one of Biota N2, three times a day during a meal, with water.
MAMAVIT COMPLEX
Set of 4 preparations for the maintenance of women’s health.

Nonhormonal measure of natural origin with documented performance and long-lasting effect for prevention of mastophaty as well as for care of the healthy breasts. Protection against free radicals and inflammatory, arctigenin from the burdock root contained in the product is anti-mutagenic, it inhibits the growth of cancer cells and supports the immune system.

MAMAVIT COMPLEX is dedicated to all women who:
» Want to keep well to an old age beautiful, well-maintained breasts and healthy looking skin.
» Have diagnosed mastopathy with the risk of breast carcinoma.
» Are after giving birth and struggle with stretch marks on the breasts.
» Want to reduce the side effects of the Sun.
» The Mamavit Complex set is absolutely safe also during application of pharmaceuticals, chemo-and radiotherapy by supporting the action of removing the side effects - the remains of metabolites.
» Clinical trials on the MAMAVIT Complex were conducted in the cathedral of midwifery and gynaecology of The Siberian State Medical University in the period of 2009-2014, in which 3500 patients with various forms of dysplasia of mammary gland were attended, document the supporting effect of MAMAVIT Complex in the therapy.

Complex consists of:
» Toksidont-Maj -(water extract from burdock root, 75 ml).
   The active substances contained in the burdock root: lignans, aspartic acid, arctyne, arctigenin show anti-cancerous activity, remove toxic compounds from the blood.
» Burdock seeds -(190 capsules). Lignans and glycosides contained in the seeds: arctyne and arctigenin have strong antioxidant, anti-mutagenic and hormone-regulating properties. In addition, contain phenolic acids, fatty acids, including unsaturated glycerides: linoleic and oleic, and polysaccharides. Vitamins A and B2.
» Wienorm - (granules, 120 g).
   Components of the product include: natural compounds of iodine found in sea algae, polysaccharides, flavonoids, carotenoids, phospholipids, tannins, folic acids, organic acids, carotenoids, anthocyanins, vitamins B,C,PP, choline, rutin, unsaturated fatty acids, microelements and antioxidants. Supports the body by the cardiovascular and digestive system dysfunctions, reproductive system inflammatory diseases, microcirculation disorders, physical and mental weakness, deficit of natural form of iodine.
» Mamavit gel -for topical use (gel, 50 ml).
   Carotenoids and tri-terpenes compounds present in the calendula extract contribute to limitation of inflammations development and fungal infections. Carotenoids maintain proper growth of epithelial cells, limit the excessive flaking of the skin, speed up granulation and cicatrisation of any skin damage. The calendula regenerates tissues and protects the skin from harmful external factors. Burdock inhibits the growth of inflammatory infections and fungal infections, restores the balance of the skin. Complex of essential oils of nerol, lemon, tea tree, and Siberian fir strengthens the walls of blood vessels, maintains vascular microcirculation, supports lymphatic drainage, prevents the skin cells aging processes.

Effect:
» Works astringently, inhibits the development of oedemas and skin inflammations.
» Allows to limit the deformation of breasts, to keep their firmness and beauty.
» Indications:
   » Supporting prevention and comprehensive therapy of inflammatory states of nipple.
   » Supporting in the therapy of breast cyst formation.
   » To sustain the form of breasts after pregnancy and breastfeeding.
   » Helpful in before-menstrual syndrome of the breast pain symptoms (pain of mammary glands before menstruation).

Recommended basic scheme used in the prevention and comprehensive treatment of mastopathy

<table>
<thead>
<tr>
<th>Measures</th>
<th>Duration</th>
<th>Dosing regime</th>
</tr>
</thead>
<tbody>
<tr>
<td>Toksidont - Maj (burdock root extract)</td>
<td>4 WEEKS</td>
<td>1 scoop (1,60 ml) 3 times a day, dissolved in 100 ml of water</td>
</tr>
<tr>
<td>Burdock seeds (capsules)</td>
<td>4 WEEKS</td>
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<td>Wienorm (granules)</td>
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<td>1 scoop (5 ml) 3 times a day</td>
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<tr>
<td>Mamavit gel</td>
<td>4 WEEKS</td>
<td>Topically on the glands area, 2 times a day</td>
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4 products
PROSTADONT COMPLEX

Set of 5 preparations for the men’s health.

Gentle prostatic hypertrophy is pathological proliferation of prostate gland, it develops from glandular epithelial tissues and is accompanied by the formation of nodes (one or more) that ultimately increase the volume and compress the organs surrounding the gland, narrowing the urethra. This in turn leads to the development of inflammatory processes in them.

Regular age-related changes in the balance of hormones, usually after the age of 40, the gradual slowing of the metabolic processes in the body and the accumulation of metabolites of testosterone are the main cause of the development of pathology and inflammation of the organs of pelvis, particularly the prostate. Gentle prostatic hypertrophy never comes idiopathically, the process progresses in the body and can lead to the serious sickness states, and in some cases even death.

Thanks to the rapid diagnosis, you can treat it and this does not require surgical intervention. Unfortunately, often patients go to a doctor with an advanced stage of the disease, the treatment of which is associated with big difficulties.

In order to prevent and comprehensive treatment of gentle prostatic hypertrophy, Biolit has developed a special program of phytotherapy: „PROSTADONT Complex“.

Complex consists of:

- **Toksidont-May** - contains the asparagine, which is cytostatic (prevents the development of cancer) and its activity induces apoptosis (begins the process of self-destruction of cancer cells). The antioxidant effect of the extract is explained that it contains a high percentage of the inulin, which absorbs and removes toxins, heavy metals and radionuclides from the body by simultaneously activating the excretory system organs.

- **Burdock seeds** - contain glycosides: arctyine and arctigenin (up to 5%) show anticancer activity, based on apoptosis (self-destruction of cancer cells). Active substances regulate hormonal balance.

- **Hepatobiol** - active substances are clearly hepato-protective, antioxidant and immunomodulatory. Improve liver antitoxic properties, which actively participates in the metabolism of hormones.

- **Urobiol** - active substances of the preparation are anti-inflammatory and antiseptic for the genitourinary system. Improves blood flow to internal organs, normalizes the diuresis, prevents the formation of bladder stones, favours sexual potency, especially in the senior age, has regenerating and toning effect, increases the body’s immunity to adverse environmental factors.

- **Urolizin** - active substances of the preparation are diuretic, anti-inflammatory. Improves the metabolism of minerals, optimises the efficiency of the kidneys, dissolves salts (urates, oxalates, phosphates), regulates the urine pH, prevents the formation of bladder stones.

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<td>1 scoop (5 ml) 3 times a day</td>
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<td>Urolizin (granulates)</td>
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<td>1 scoop (5 ml) 3 times a day</td>
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</table>

All recommended preparations shall be taken at the same time!

For prophylaxis 1 course per year is recommended.

When the prostatic hypertrophy is diagnosed, 2-3 courses per year within 8 weeks.

Do not use if in the kidneys, bladder and/or the gallbladder occur large amounts of deposits (stones bigger than 0,5 cm).

The clinical trials were conducted in the following scientific locations:

- The Consulting-Medical-Diagnostic Centre of the State Educational Department of the Academic Education of the Siberian State Medical University.
- Corporate Medical Centre OOO SibMedCentre.
- National Research Institute of Oncology, Scientific Centre of the Tomsk’s Siberian Branch of the Russian Academy of Medical Sciences, OKB from Tomsk.

Authors of the studies:

Voitenko V. I., urologist of the Corporate Medical Centre SibMedCentre LLC.

Zeider D.V, oncologist, the Primary Doctor of the Corporate Medical Centre SibMedCentre LLC.

Tuzikov S. A., Doctor of Medicine. National Scientific Research Institute Of Oncology, Centre of the Tomsk’s Siberian Branch, the Russian Academy of Medical Sciences.

Polishchuk T. V., oncologist, Oncology Research Institute, Scientific Centre of Tomsk’s Plant of the Russian Siberian Academy of Medical Sciences.

Shalovay A. A., Associate Professor, Doctor of Medicine, OKB from Tomsk.
**PINE BUDS SYRUP**

Healthy respiratory system.

**Ingredients:** water extract of the pine buds, sugar, citric acid. Therapeutic properties of pine buds are defined by their chemical composition - contain large amounts of vitamins C and B group, saturated with volatile oil, starch, bitter substances, phytoncides, resins, carotene and tannins.

**Effect of active substances:**
- Anti-inflammatory effect.
- Antiviral and antibacterial activity.
- Soften the cough and ease breathing, assist the realisation of viscous mucus in the bronchi (expectorant).
- Increase the body's defense mechanism during colds and viral diseases.
- Enhance the regeneration (recovery) of tissues and have healing an analgesic effect.
- Work diuretically, cholereticlly and anti-spasmodically.
- Improve the metabolic processes, have a positive effect on the immune system.

**Indications:**
- Acute and chronic diseases of the respiratory system (bronchitis, tracheitis, pneumonia, bronchiectasis, tuberculosis, etc.).
- Acute and chronic gallbladder and liver disease (cholecytitis, cholangitis, biliary dyskinesia, etc.).
- Acute and chronic diseases of the urinary system (cystitis, urethritis, pyelonephritis, urolithiasis, etc.).

**Recommended dosage:** two measure scoops (5 ml 1 tsp) 30 minutes before meals, with tea or by dissolving in warm water, three times a day.

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**ARTRO-SAN**

For the joints. Adaptogenic herbs from Siberia.

Herbal mix.

**Ingredients:** larger burdock root - cut, agrimony – cut, birch leaf - cut, tormentil – cut, raspberry leaf - cut, dandelion root. Components of active substances are antipyretic, analgesic, anti-inflammatory. Help in removing salt from the joints and circumarticular connective tissue, normalise metabolism in the body (first affects the conversion of carbohydrate metabolism), affect the correct state of water and electrolyte, normalise glucose balance in the blood, remove the excess of uric acid and liquids, remove upswellings.

**Indications:**
- Supportive as an antipyretic, analgesic, anti-inflammatory and diuretic.

**Recommendations:** a preventive and complementary therapy of:
- Musculoskeletal system diseases (acute infectious and posttraumatic arthrosis, osteochondrosis, deformation osteoarthrosis).
- Systemic diseases (Rheumatoid arthrosis, arthropatic psoriasis, gout).

The mix can also be used after severe diseases and during the recovery period as a general analeptic and vitamin measure.

**Recommended dosage:** one teaspoon of the mixture pour with a cup of boiling water. Brew under cover for about 10 minutes. The brew of one teaspoon of the mixture drink slowly, in small sippers, twice a day.

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**WIERZBOWNICA – EPILOBIUM**

„Ivan’s tee”. Adaptogenic herbs from Siberia. Healthy urinary tract and prostate.

Homogenous herb.

**Ingredients:** Epilobium herb fermented.

The active substances of the herb have spasmolytic, carminative, chologenic, anti-inflammatory, diuretic, homoplastic properties. Influence on maintaining neutral pH of our body. Affect the correct condition of the urinary system. Inhibit the hypertrophy of the prostate.

**Indications:**
- Supportive to maintain homeostasis in the body.
- Supportive for detoxification.
- Supportive in the treatment of prostate disease.
- Supportive in the treatment of inflammation of the urinary tract.
- Supportive in allergic states combating.
- Supportive to maintain the health of the skin and nails.

**Recommended dosage:** one teaspoon of the mixture, pour with a cup of boiling water. Brew under cover for about 10 minutes. The brew of one teaspoon of the mixture can be infuse several times, drink slowly, in small sippers, several times a day.
**BRONCHO-SAN**

For the respiratory system. Adaptogenic herbs from Siberia.

Herbal mix.

**Ingredients:** geranium herb, origanum herb, plantain herb, smooth liquorice root, linseeds, common pine buds.

Geranium contributes to the comfort of breathing in the upper respiratory tract. Origanum supports the health and immunity of the respiratory system. Contains favourable substances for health of bronchial tubes. Plantain herb soothes throat, larynx and vocal cords. Pine supports the respiratory system, including the throat, and helps to maintain the patency of nose.

Components of active substances of the herbs mix have anti-inflammatory, antiseptic, emollient, anti-allergic, antispasmodic, and weakly diuretic and cholagogic.

Biologically active substances included in the herbs mix contribute to relieve in a dry persistent cough, reduce irritation of the mucous membranes of the respiratory tract and are antibacterial.

**Indications:**
- Supportive in respiratory system diseases.
- Helps with dry cough.
- Supportive for those who work with voice (teachers, lecturers, speakers).
- Supportive for those addicted to cigarette smoking.

**HERBS FOR STRENGTHENING**

Herbal mix.

**Ingredients:** blackcurrant leaf, rosehip, high aralia root, Siberian ginseng root, roseroot, five-flavour berry seeds.

Active substances of herbs mix have tonic, immune-modelling, adaptogenic, and generally strengthening properties. Normalise metabolism, increase resistance to stress, affect energy transformation processes in muscles and central nervous system. Stimulate mental and physical exertional capacity, affect memory and concentration.

**Indications:**
- Supportive in acute infectious diseases.
- Supportive in the hypotension, anaemia, exhaustion of the body, during the period of recovery.
- Supportive for physical and mental overloads.

**RECOMMENDED DOSAGE:** one teaspoon of the mixture, pour with a cup of boiling water. Brew under cover for about 10 minutes. The brew of one teaspoon of the mixture drink slowly, in small sippers, twice a day.

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**KARDIO-SAN**

For the heart. Adaptogenic herbs from Siberia.

Herbal mix.

**Ingredients:** valerian root, root of peony, inflorescence of yellow melilot, origanum herb, motherwort herb, buckwheat herb.

Active substances of the herbs mix have properties of spasmolytic, antihypertensive. Components of the mix affect the normalization of the nervous system, show a calming, soothing, analgesic, anti-inflammatory properties. Mellilot herb affects the correct state of blood and the condition of the blood vessels, origanum herb affect the correct state of the respiratory tract.

**Indications:**
- Supportive in hypertonic disease.
- Supportive in steno cardia, heart attack.
- Supportive in the insomnia.
- Supportive in increased blood pressure, increased nervousness, overstimulating, neurasthenia.
- Supportive in the migraine, menopause.
- Supportive at increased risk of thrombophlebitis.

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**WELL-FUNCTIONING URINARY TRACK**

Adaptogenic herbs from Siberia.

Herbal mix.

**Ingredients:** knotweed herb, tormentil herb, larger burdock root, red rosen fruit, birch leaf, horsetail herb. Active substances of the herbs mix have diuretic, antibacterial, anti-inflammatory, antitoxic, spasmolytic properties, affecting hematopoietic processes. Components affect the effective urinary tract patency, by increasing diuresis, prevent the formation of bladder stones, affect the correct spasms of kidneys muscles, urinary tract, bladder, correct state of kidneys disease and glomeruli.

**Indications:**
- Maintaining proper operation of the urinary tract.

**RECOMMENDED DOSAGE:** one teaspoon of the mixture, pour with a cup of boiling water. Brew under cover for about 10 minutes. The brew of one teaspoon of the mixture drink slowly, in small sippers, twice a day.
COSMETICS

The care of physical attractiveness can be particularly pleasant when we are aware that we use for this purpose natural cosmetics.

Concentrated plant substances used in cosmetics may cause allergic reactions, so a team of Russian scientists form Biolit watches over each stage of their production, to exclude adverse effects to the health of our skin.

To obtain the appropriate concentrations and maintain production of the highest quality, natural plant extracts come from Biolit’s own crops, from a pure ecologically Altai and Western Siberia.

The main components of our cosmetics are plant oils, substances from humic deposits of pristine Lakes of Western Siberia, extracts of young shoots of Siberian fir and herbal extracts.

Carefully developed recipes and advanced technological processes guarantee the therapeutic properties of cosmetics, confirmed each time in clinical trials.

All cosmetic products are registered in the European system of Cosmetic Products Notification Portal (CPNP) in accordance with strict law regulations in this regard.

Florenta Cream

With extract of the young shoots of Siberian fir.

Ingredients: extract of the young shoots of Siberian fir.

Young shoots of Siberian fir contain polyphenols, volatile compounds (phytoncides), macro-and micro elements (calcium, zinc, selenium).

Effects:

» Phytoncides and active substances are bacteriostatic and virustatic and limit the development of fungal and viral infections.

» Enhance the protective barrier of the epidermis.

» Relieve inflammation and irritation of the skin, protects against discolorations of the skin.

» Increase firmness and elasticity through a deep hydration of the skin.

Indications:

» Rheumatic ailments.

» Skin ailments (cracked skin, inflammations, fungus, skin allergies, eczema).

» Cellulite.

» Dry skin. Chafes. Thermal burns (Sun), herpes.

» Viral skin infections.

How to use: apply a small amount of cream on the changed, infected or parched skin areas and massage gently until fully absorption. Do not use on open wounds.

Fir Tree Oil

with extract of the Siberian Fir Tree and the Fir Tree Oil. For colds and flu.

Ingredients: water, Siberian oil, camphine, vegetable oil, racemic camphor.

Effects:

» Fir tree oil limits the development of viral, bacterial and fungal infections.

» Camphine warms the skin by extending the capillaries so that the toxic compounds are easily eliminated. Gently, locally desensitise.

» Stimulates skin renewal processes.

Indications:

» Upper respiratory tract infections.

» Angina, common cold.

» Thermal and chemical burns.

» Contusions.

» Inflammation of the skin after insect bite.

How to use: apply a small amount of gel on infected areas of the skin and massage gently until fully absorption. In infections of the upper respiratory tract, apply the gel on the skin of the chest, the back and around the sinuses and nose. Do not use on open wounds.
FLORENTA SPRAY

concentrated water extract of the Siberian fir tree buds.

**Ingredients:** extract from the Siberian fir young buds. Young buds of Siberian fir include quercetin, polyphenols, volatile compounds (phytoncides), macro- and micro elements (calcium, zinc, iron, selenium).

**Effects:**
- Natural antibiotic compounds - phytoncides effectively remove bacteria, viruses and fungi.
- Adapt the body to a long work at the computer, protecting against ionizing radiation.
- Reduce side effects of chemo-and radiotherapy.
- Relieve inflammation, reduces toxins.
- The active substances of the Siberian fir fight the development of pathogenic microflora and prevent the frequent recurrence of disruptive ailments.

**Indications:**
- For maintaining the healthy skin during infections of the skin and mucous membranes (colds, flu, inflammation of the upper respiratory tract).
- After chemotherapy, radiotherapy, oncological diseases to maintain immunity. Anaemia (iron deficiency with).
- For the elderly persons to maintain immunity.
- For adaptation to time zones changes. For the maintenance of oral cavity health.

**How to use:** apply a small amount of spray 5 times a day on the infected areas of the body, clothes and room.

FIR TREE CONCENTRATE

Bath salt with the Siberian Fir.

**Ingredients:** sea salt, extract of Siberian fir.

**Effects:**
- Relaxes the body and mind, regenerates life forces.
- Exfoliates dead skin cells, cleanses the skin and removes toxins from the body.
- Minerals firm and regenerate the skin.
- Supports the immune and nervous system.
- Relieves the feet swelling, refreshes and reduces the sweating.

**Indications:**
- Upper airways infections. Rheumatic ailments.
- States of excessive agitation of nervous system.
- To maintain health and good condition of the skin.

**How to use:** legs bath: 20 g (1 tbsp) of concentrate dissolve in warm water, body bath: 40 g (2 tbsp) dissolve in bathtub with warm water. Bath time: 20-25 min.

GREATER CELANDINE LOTION

For skin health. Diabetic Expo Award 2018.

**Ingredients:** extract of the celandine herb. Active substances in the preparation are alkaloids, flavonoids, saponines triterpenoid, organic acids, tannic substances.

**Effect:**
- Antibacterial, antifungal, antiviral.
- Limiting the development of inflammation and supporting healing of wounds.
- Restricting symptoms of lupus tuberculosis of the skin.

**Indications:**
- Seborrhoeic and viral warts.
- Excessive skin flaking, skin rashes.
- Abscesses, boils, haematomas, bruising.
- Infection of the nail area.

**How to use:**
- The benign tumours of the face and neck: apply a small amount of lotion on the tumour and leave to absorb ab. 5-10 min, remove the excess with a clean tissue paper.
- For tumours of the body: allow to absorb ab. 10-12 min, and remove the excess with a clean tissue paper.
- On boils: apply a compress of solution consisting of 2.5 ml of lotion and 100 ml of water. Apply the compress for 5-10 min on the dermatological changed spots. Repeat treatment 2-3 times a day.
- The haematoma and bruising: use the above mentioned solution with the addition of ice.
- Scabies and tuberculosis of the skin: take a 15 minutes bath with the lotion: ab. 2 table spoons of lotion spread in 100 ml of water, pour the solution into the bathtub with water. During the bath do not use cleaners (soaps, detergents).
- Diabetic foot: during care and pedicure in podiatrist practice wash the water solution before and after treatment. After the treatment leave the gauze pad with the solution on the damaged areas of the foot for 5-10 min.

Lotion can be applied systematically, even for a period of several weeks. Product for external use.
**PSORIDONT CREAM**

**Healthy skin.**

**Ingredients:** extracts of: Siberian fir, buckthorn, birch tar andcelandine herb, three-part beggarticks, fir essential oil.

**Effect:**
- Reduces inflammation and itching of the skin.
- Relieves the feeling of tightness and dryness of the skin.
- Smooths and retextures surface of the skin, maintains the skin in good condition.

**Indications:**
- Supportive in psoriasis, eczema, lichens, atopic dermatitis.
- It’s recommended to consume the dietary supplement Toksidont May at the same time.

**How to use:** apply the cream 2-3 times a day on the affected skin and 1-2 cm around, until the complete disappearance of the psoriatic lamellas. Repeated the procedure in case of further recurrence of the symptoms.

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**MIKODONT CREAM**

**Healthy skin.**

**Ingredients:** extract of birch tar, birch oil, fir oil, extract of white willow.

**Effects:**
- Active substances are antimicrobial, soothing inflammation states.
- Supporting the microcirculation of the skin.

**Indications:**
- Supportive in skin erythema, saccharomycetic dermatitis, skin scald head.
- Fungal of skin and nails, psoriasis, dandruff, cold sore, eczema.

**How to use:** apply a small amount of cream 2-3 times a day on the affected skin and 2-3 cm around, continue to apply within next 2 weeks after the symptoms have disappeared. The cream can also be applied as a preventive measure after the use of the swimming pool, sauna, and after class in sports halls.

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**BLESSING GEL**

For healthy intimate areas.

**Ingredients:** calendula extract, chamomile extract.

**Effects:**
- Calendula inhibits the growth of bacteria and fungi.
- Polysaccharides absorb antigens, have anti-cancer activity.
- Chamomile soothes irritations, allergies, inflammations.

**Indications:**
- Hard heal wounds with the purulent mucus, oozing sores.
- Disorders of the urogenital outer surface.
- After antibiotic therapy (including symptoms of candidiasis).

**How to use:** apply a small amount of gel in the area of genitals just before the sexual act and in case of discomfort. Gel gives a feeling of comfort and hydration, it is pleasant to use, colourless, does not leave traces, it’s easy to wash down. Recommended for both women and men. The gel is not an anti-pregnancy measure.

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**BETULAN**

Concentrated Birch - Bath Salt.

For Rheumatism and Condition of the Blood Vessels.

**Ingredients:** birch leaf extract, sodium chloride.

**Effects:**
- Active substances relieve swellings, irritations and redresses, soften corns and callous parts of the skin.
- Work anti-bacterially, decrease secretion of odour.
- Strengthen flexibility of the blood vessels walls.

**Indications:**
- Rheumatic bone states, foot and knees deformity.
- Swelling of the feet and legs.
- Corns.
- For the maintenance of oxygenated, flexible and firm skin.

**How to use:** for the legs bath 40 g of concentrate (2 tablespoons) dissolve in 1 litre of warm water. For the body bath 40-120 g (2-6 tablespoons) dissolve in a small amount of water and pour into the bathtub with warm water. Recommended bath time 20-25 minutes.
**EPLIR GEL**

**Healthy and firm skin.**

**Ingredients:** extract of medicinal peat mud from the bottom sediments of Lakes of Western Siberia, extract of the eyebright herb.

**Effects:**
- Peat substances are anti-inflammatory, cleansing, support the process of wound healing.
- Rich content of antioxidants stimulates revitalization of mature and tired skin.
- Improves skin density and contours of mature face.
- Skylight herb seals capillary walls in the retina of the eye, works anti-allergically and bactericidal.

**Indications:**
- Care of mature skin (wrinkles, loss of firmness).
- Hematomas after aesthetic medicine surgeries.
- Cold sore.
- Swelling, traces of fatigue and a feeling of tension around the eyes.

**How to use:** two times a day a small amount of the gel apply on cleansed skin of the upper and lower eyelids in the directions from the base of the nose, being careful that the gel does not got to the eye retina. Allow to fully absorb. Regular use in the morning and in the evening allows you to keep a healthy condition of skin.

**EPLIR OIL**

**Skin health. Antioxidants from organic adaptogens. Diabetic Expo Award 2017.**

**Ingredients:** extract of medicinal peat mud from the bottom sediments of Lakes of Western Siberia, sunflower oil. 2500 mg carotenoids including complex of lutein, zeaxanthin. The dominant pigment is Beta carotene and over 30 xanthophylls.

**Effects:**
- Active substances are anti-inflammatory, bactericidal, bio-stimulating, cleaning, covering. Support the process of wound healing, relieve pain, regenerate cells, remove oxidative stress, supporting the processes of proper circulation and oxygenation.

**Indications:**
- Purulent infections, acne, sores, atopic dermatitis, burns, scrapes.
- Pressure sores, ailments of the spine, inflammation of nerve roots.

**How to use:** shake well before use. A specific part of the face or body cover with a small amount of oil. Due to the content of essential oils that cause short tearing you should avoid the area around the eyes during the day. Cover the painful places by gentle massage to absorb.

**MUMIO CREAM**

**Tissue regeneration.**

**Ingredients:** mumio - natural substance released by the cliffs in the high mountain massifs in Asia. The active substances of the product is fulvic acid, coumarin compounds, humic acids, trace elements and micro elements, vitamins A, B and C, phospholipids, polyphenols and terpenoids.

**Effects:**
- Active substances are anti-allergic, anti-inflammatory, antimicrobial, antiviral.
- Speeds up the regeneration of bone tissue.
- Improves the function of peripheral nerves.
- Reduces appearance of cellulite.
- Fulvic acid stimulates the healing process and impacts the expression of genes responsible for creating tumours.

**Indication:**
- Supportive in psoriasis, eczema, seborrheic dermatitis, itching, fungus.
- Neuralgia, arthritis, bones bruise.
- Migraine, burns.

**How to use:** apply a small amount of cream on spots covered by the dysfunctions and light circular massage cream by 10 min.

**ESOBEL CREAM**

**For maintaining the health of joints and muscles. Diabetic Expo Award 2018.**

**Ingredients:** extract from deposits of humic Siberian Lakes (esobel), extract from the comarum palustre.

**Effects:**
- Active substances support microcirculation in damaged joints.
- Relieves swelling and pain.
- Improves the condition of connective tissue in the rheumatic, arthritic states.
- Helps to hydrate and renew every type of skin in the winter time.

**Indication:**
- Inflammation of the joints and muscles.
- Ailments associated with deformation of the spine.
- Neuralgia.
- Anti-cellulite massage.
- Protective and renewal on the face skin in the winter time.

**How to use:** squeeze 2-4 cm of cream out once and apply to the ailment area of the body, rub the product evenly with a massage movements for a few minutes. After the application for best effect - you can apply warm compress or preheat infrared radiation by using an appropriate lamp. Use preferably in the evening or two times a day (morning and evening).
**MAMAVIT GEL**

For maintaining healthy and firm female breasts.

**Ingredients:** extracts of: burdock root and calendula tea tree oil, lemon oil, nerol oil, Siberian fir oil.

**Effects:**
- Carotenoids and tri-terpenes compounds present in the extract of calendula contribute to limit the development of inflammations and fungal infections.
- Carotenoids maintain proper growth of epithelial cells, limit the excessive flaking of the skin, speed up granulation and cicatrisation of any skin damage.
- Calendula regenerates skin tissues and protects the skin from harmful external factors.
- Burdock inhibits the growth of bacterial outbreaks and fungal infections, restores the balance of the skin.
- Complex of essential oils of nerol, lemon, tea tree, and Siberian fir strengthens the walls of blood vessels, maintains vascular microcirculation, supports lymphatic drainage, prevents the aging processes of skin cells.
- Works astringently, inhibits the development of swelling and inflammation of the skin. Allows to limit the deformation of breasts, preserve their firmness and beauty.

**Indications:**
- Prevention and comprehensive therapy of inflammatory breast.
- Supportive in the therapy of breast cyst, mastopathy.
- Maintain the breast form after pregnancy and breastfeeding.
- Helpful in before-menstrual symptoms of breast pain (pain of mammary glands before menstruation).

**How to use:** twice a day a small amount of the gel apply with a circular motions, accordingly with the direction of lymph flow, on the clean skin of the breast (especially in the area of mammary glands). Use for a period of minimum 3 months or longer.

**PANTOBIOL MASK**

Luxurious Nourishing Night Mask.

**Ingredients:** substances of Siberian deer antlers, extracts of Altai herbs, burdock root water extract, extract of green tea leaves.

**Effects:**
- Preventing and delaying formation of wrinkles.
- Reducing of existing wrinkles, smoothing the surface of the skin.
- Regeneration, quick skin nourishment.
- Stimulating the production of collagen in the skin.

**Indications:**
- Anti-wrinkle skin prevention.
- Loss of density, elasticity of the skin.
- Tired, greying skin, requiring quick beautify.

**How to use:** apply to cleansed face (except the areas around the eyes and mouth), leave overnight to soak, rinse. It is best to use before bedtime. The mask is designed for daily skin care. Store at a temperature from 0°C up to + 25°C.

**SHIRLAYN**

Anti-ageing cream.

**Ingredients:** thermal water from the Shira Lake, ylang-ylang oil, extract of the St. John’s wort, salvia extract.

**Effects:**
- Ylang-ylang oil tones, soothes out shallow wrinkles, restores skin elasticity and firmness.
- Recolours skin, prevents the skin discoloration, soothes irritations after UV rays, giving depigmentation-static effect.
- Salvia with phytohormones gentles skin inflammation states.

**Indications:**
- Stress spots on the face, skin hyper responsiveness.
- Premature aging of the skin.
- Dehydrated skin.
- Excessive flaking.

**How to use:** gently massage the cream on the face skin avoiding the eye area. To achieve the effect of relaxation with neurological disorders you should apply the cream on the back of the neck for the night until completely absorbed.
"SKIPIDARNJA BATH I"- WHITE SOLUTION

Capillary therapy. Reconstruction of the capillaries.
The best effect is achieved while using supplement Florenta.

Ingredients: turpentine oil, water, willow bark extract.

Effects:
» Improves circulation and physical condition of the body.
» Improves vascular flow parameters.
» Antibacterial effect.
» Reduces pain.
» Strengthens body's vitality.

Indication:
» Low arterial pressure.
» For weight loss and cellulite reduction.
» Spine degenerative disease, osteoarthritis, arthritis.
» Diseases of the upper respiratory tract.
» Kidney diseases, bladder inflammation.
» Sleep disorders, mental and physical fatigue.

How to use: take turpentine baths in the cycles of 10-12 treatments. Turpentine baths can be used daily, every second day or two days in a row and a break on the third day. For the bath you need to prepare a water thermometer, watch, cylinder with a capacity of 1-1,5 l to measure the emulsion, manometer to measure pressure, cosmetic Vaseline, bathrobe and towel. You need to protect your eyes from contact with emulsion. Emulsion should be stored away from children. Increase the amount of emulsion to the bath gradually from 10-15 ml up to 35-60 ml according to a doctor's instructions for a specific person. The emulsion measured and dissolved in hot water in the cylinder, pour to the bath with a thin sprit and mix thoroughly. Bath time is 10-15 min, bath temp. 36-37°C, begin from 5 minutes and each following bath increase about 1-2 min. depending on the strength of the body.

How to use: take turpentine baths in the cycles of 10-12 treatments. Turpentine baths can be used daily, every second day or two days in a row and a break on the third day. For the bath you need to prepare a water thermometer, watch, cylinder with a capacity of 1-1,5 l to measure the emulsion, manometer to measure pressure, cosmetic Vaseline, bathrobe and towel. You need to protect your eyes from contact with emulsion. Emulsion should be stored away from children. Increase the amount of emulsion to the bath gradually from 10-15 ml up to 35-60 ml according to a doctor’s instructions for a specific person. The emulsion measured and dissolved in hot water in the cylinder, pour to the bath with a thin sprit and mix thoroughly. Bath time is 10-15 min, bath temp. 36-37°C, begin from 5 minutes and each following bath increase about 1-2 min. depending on the strength of the body.

Before bathing, remember to secure with a cosmetic Vaseline sensitive spots of the body, such as genitals, bends of the knees and elbows, groins, armpits. If you feel a discomfort during the bath, reduce the dosage of emulsion, reduce the temperature or bath time and adjust the bath to the individual needs of your body. In a case of problems other than indicated, the bath should be taken only after consultation with a doctor.

Contraindications and comments: tuberculosis, advanced circulatory failure, cancer diseases, the second trimester of pregnancy, individual intolerance on components, mental and physical distress, forced chronic circulatory diseases. The use of the bath is not recommended when mobility is limited.

Before the treatment of turpentine bath consult a doctor on the blood pressure and the general condition of the body. Stored at room temperature, away from children.

"SKIPIDARNJA BATH II"- YELLOW SOLUTION

Capillary therapy. Reconstruction of the capillaries.
The best effect is achieved while using supplement Florenta.

Ingredients: turpentine oil, castor oil, oleic acid, willow bark extract.

Effects:
» Stretches blood vessels.
» Increases metabolism, removes toxins from the body.
» Improves physical and mental health.

Indication:
» High arterial pressure.
» Weakness.
» Rheumatic diseases.
» Arteriovenous-lymph disorders, atherosclerosis.
» Sleep disorders, mental and physical fatigue.

How to use: take turpentine baths in the cycles of 10-12 treatments. Turpentine baths can be used daily, every second day or two days in a row and a break on the third day. For the bath you need to prepare a water thermometer, watch, cylinder with a capacity of 1-1,5 l to measure the emulsion, manometer to measure pressure, cosmetic Vaseline, bathrobe and towel. You need to protect your eyes from contact with emulsion. Emulsion should be stored away from children. Increase the amount of emulsion to the bath gradually from 10-15 ml up to 35-60 ml according to a doctor’s instructions for a specific person. The emulsion measured and dissolved in hot water in the cylinder, pour to the bath with a thin sprit and mix thoroughly. Bath time is 10-15 min, bath temp. 36-37°C, begin from 5 minutes and each following bath increase about 1-2 min. depending on the strength of the body.

Contraindications and comments: tuberculosis, advanced circulatory failure, cancer diseases, the second trimester of pregnancy, individual intolerance on components, mental and physical distress, forced chronic circulatory diseases. The use of the bath is not recommended when mobility is limited.

Before the treatment of turpentine bath consult a doctor on the blood pressure and the general condition of the body. Stored at room temperature, away from children.

Baths: white, yellow and mixed bath (white and yellow- in the case of normal blood pressure) shall be chosen, taking into account the individual needs of the body.

After turpentine bath, do not wipe the body but put a bathrobe on and go to a warm bed, under cover for ab. 45 min. When taking the baths, you should consume a reasonable, balanced meals without overeating. Limit meat and avoid alcohol.
**WIENORM CREAM**

Support in protection of the veins. Skin without cracking vessels.

**Ingredients:** extract of chestnut flower, essence of: calendula flower, clover, buckwheat herb.

**Effects:**
- Plants extracts have anti-inflammatory and analgesic properties.
- Active compounds strengthen and seal blood vessels.
- Normalizes vascular and microvascular flow.
- Restricts the development of inflammatory and thrombotic blood vessels, oedema and trophic changes of the skin.
- Shrinks the veins and improves blood circulation of the tissues.

**Indications:**
- Medical anti-varicose therapy.
- Thrombophlebitis.
- Heavy legs feeling.
- Calf muscles cramps.
- Spider veins on the skin.

**How to use:** apply on a damp, clean skin with light massage movements from the bottom to the top in places covered by changes. To enhance the effect of reducing the development of varicose veins use the support tights.

For optimal enhance the systemic effect it is recommended to consume in addition health-promoting product „Wienorm“ or „Wienorm-Glukomin“.

**POLAROX MAN**

Lubricant cream, candles. For healthy urogenital system.

**Ingredients:** Cocoa Butter Glyceryl Esters, C12-20 Isoparaffin, Hippophae Rhamnoides Fruit Oil, Beeswax, Brassica Campestris Oil Unsaponifiables, Calendula Officinalis Flower Oil, Humic Acids, Artemia Extract.

**Supportive indications:**
- Acute and chronic prostate states.
- After prostate surgery and treatments.
- Genitourinary tract inflammations.
- Gentle hyperplasia of the prostate gland.
- Polyps of a different location.
- Perirectal abscess.

**How to use:** after the procedure of personal hygiene enter 1 suppository (lubricant) deep into the anus once a day before bedtime. To facilitate the application of the product it should be kept in the refrigerator before use ab. 30 min. Period of treatment 1-30 days. Store in a cool place, not exceeding 25 degrees Celsius.

**POLAROX WOMAN**

Lubricant cream, candles. For healthy urogenital system.

**Ingredients:** Cocoa Butter Glyceryl Esters, C12-20 Isoparaffin, Hippophae Rhamnoides Fruit Oil, Beeswax, Brassica Campestris Oil Unsaponifiables, Calendula Officinalis Flower Oil, Humic Acids, Artemia Extract.

**Supportive indications:**
- For diseases of female genitalia.
- Inflammation of vagina, cervical erosion, pain, itchiness, sting.
- Papillary tumour of the genitalia.
- Cysts, uterine fibroids.
- The dense, hefty vaginal fluid of an irritant complexion.
- Endometriosis.
- Infertility problems.
- Polyps of a different location.

**How to use:** after the procedure of personal hygiene enter 1 suppository (lubricant) deep into the anus once a day before bedtime. To facilitate the application of the product it should be kept in the refrigerator before use ab. 30 min. Period of treatment 1-30 days. Store in a cool place, not exceeding 25 degrees Celsius.

**POLAROX HEMORECT**

Lubricant cream, candles. For healthy colon.

**Ingredients:** Cocoa Butter Glyceryl Esters, C12-24 Isoparaffin, Beeswax, Calendula Officinalis Flower Oil, Centella Asiatica Leaf Extract, Mimosa Pudica Leaf Extract, Bauhinia Variegata Flower Extract, Hamamelis Virginiana Bark Extract.

**Supportive indications:**
- Polyps of a different location.
- Perirectal abscess.
- Haemorrhoids, damage membranes of large intestine, cracks at the anus.

**How to use:** after the procedure of personal hygiene enter 1 suppository (lubricant) deep into the anus once a day before bedtime. To facilitate the application of the product it should be kept in the refrigerator before use ab. 30 min. Period of treatment 1-30 days. Supportive for haemorrhoids will be external use of oilseed Epilr and Wienorm cream several times a day, a small layer apply on the affected spots. Recommended for oral use is a supplement Wienorm or Wienorm-Glukomin. Store in a cool place, not exceeding 25 degrees Celsius.
**BURDOCK ROOT EXTRACT OIL**

**Healthy hair and eyelashes.**

**Packaging:** glass bottle 50 ml.

**Ingredients:** vegetable oil, burdock root extract, vitamins A and E.

**Effects:**
- Extraction substances of burdock root stimulate metabolic processes in the connective tissue hair sheaths, preventing their loss, moisturize the skin, nourish and regenerate the skin of the head and body.
- Vitamins A and E help to improve the quality of the skin and the head skin, eyelashes and eyebrows - add shine, silkiness.
- Burdock oil with vitamins A and E power the hair from the roots to the ends, prevents dandruff.

**Indications for use:**
- Dryness and skin sensitivity especially related to disease or radio- and chemotherapy.
- Fraility, dryness, and loss of eyelashes and eyebrows caused by the frequent use of cosmetics.
- Breach of the normal hair balance caused by adverse climatic influences (sun, wind, salt water, hypothermia).
- Dryness, fraility, loss of gloss and stratification of the hair ends as a result of the chemical treatment (hair colouring with a mineral colours permanent make up, chemical treatments for eyebrows and eyelashes).
- Hair loss or distortion of growth caused by physical and mental fatigue, serious diseases, radiotherapy.
- Dandruff, itching, dry flaky seborrheic dermatitis.

**Method of use:** slightly warmed burdock oil apply evenly on the hair skin and intensively rub in the roots and along the entire length of the hair by 5-10 minutes, then wrap your head with a towel and leave for 2-3 hours. After the treatment, wash your hair precisely with an appropriate shampoo. Apply warm oil on the eyelashes and eyebrows after removing makeup. With a gentle circular motions, apply oil at room temperature on the skin of the face and body, leave to absorb, the excess can be removed with a cotton pad.

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**ESSENTIAL OIL OF BURDOCK ROOT, PEAT AND CALENDULA**

**Healthy skin and hair.**

**Packaging:** glass bottle 50 ml.

**Ingredients:** plant oil, extracts of: burdock root, calendula flowers, peat.

**Effects:**
- Extraction substances of burdock root stimulate metabolic processes in the connective tissue hair sheaths, preventing their loss.
- Biologically active substances of peat extract are conducive to rapid hair growth.
- Carotenoids and flavonoids of calendula extract are anti-inflammatory and anti-allergic for the skin of the body and head.
- Burdock oil with extracts of peat and calendula works on all types of damaged hair.

**Indications for use:**
- Itching, increased flaking of the skin and the hair skin associated with allergic symptoms.
- Dry skin of the body and face relevant to exhaustion of the body, taking medicines, chemo and radiotherapy.
- Breach of the normal hair and skin balance caused by adverse climatic influences (sun, wind, salt water, hypothermia).
- Fraility, loss of gloss and stratification of the hair ends as a result of the chemical treatment (hair colouring with a mineral colours, chemical treatments).
- Hair loss or distortion of growth caused by physical and mental fatigue, serious diseases, radiotherapy.

**Method of use:** slightly warmed burdock oil apply evenly on the hair skin and intensively rub in the roots and along the entire length of the hair by 5-10 minutes, then wrap your head with a towel and leave for 2-3 hours. After the treatment, wash your hair precisely with an appropriate shampoo. With gentle circular motions, apply oil at room temperature on the skin of the face and body, leave to absorb, the excess can be removed with a cotton pad.
FIR TREE OIL

Packaging: glass bottle 25 ml.
Ingredients: 100% of fir tree oil.
» Includes over 35 active substances - phytoncides, vitamins, essential oils.
» It works anti-inflammatory, antimicrobial, assists in healing of scars, is antihistaminic.
» Supports the body in inflammatory of lungs and bronchial tubes.
» Helps to eliminate the edema, pain, and inflammation states in osteochondritis, arthrosis, neuritis, a neuralgia.
» Restores the natural immunity. Improves mood and well-being.
Effects:
» External: for prevention of viral diseases, remittent runny nose, inflammation of the sinuses, the general weakness of the body.
» Used in aromatherapy, massage, saunas and baths, for inhalation and to strengthen the nail plate.
Method of use: a few drops of essential oil in aromatherapy, inhalation, or a few drops to use in massage together with anti-slip substance.
In inhalation works antiseptic, antibacterial which helps to remove the residual mucus, cleans respiratory tract and eases breathing. By the flu and inflammation of the respiratory tract. Active ingredients strengthen the entire body. Thanks to antioxidants impacts on strengthening the heart, especially under heavy loads.

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